

CENTER FOR PROSTATE DISEASE RESEARCH  
Walter Reed Army Medical Center  
Washington, DC 20037  
202-782-4000

## **Prostate Cancer Information/Support Group Meetings**

**What:** Informal, friendly meetings for military and civilian men to exchange views and experiences about prostate cancer. The meetings offer frank discussions, information, support and camaraderie. Open discussion about treatments and potential side effects of treatments. Spouses are invited. Free of charge. No registration necessary. Group facilitators are Don Williford (daytime group), George Savitske and Jim Padgett (evening group) and Jane Hudak, RN, PhD (both groups).

**When:** Daytime: 2<sup>nd</sup> Wednesday of every month 1:30-3:00  
Evening: 2<sup>nd</sup> Wednesday of every month 6:30 - 8:00 PM

**Where:** Center for Prostate Disease Research  
Ward 56, 5<sup>th</sup> Floor (Northwest Quadrant)  
Walter Reed Army Medical Center

## **GUEST SPEAKER PROGRAM**

**What:** Health care professionals give presentation on topic of interest to military and civilian men diagnosed with prostate cancer. Spouses are invited. Free of charge. No registration necessary.

**When:** 1<sup>st</sup> Wed in Feb, May, Aug and Nov  
7:00 - 8:30 PM

**Where:** Joel Auditorium, 2<sup>nd</sup> floor at Walter Reed Army Medical Center

(Continued on back)

## **Women's Support Group Meetings**

What: Informal, friendly meetings for women who are affected by prostate cancer in their family. The group offers frank discussion, support, information, and camaraderie. Group facilitators are Jane Hudak, RN, PhD and psychologist Dr. Leslie Cooper. Free of charge. No registration needed.

When: 2<sup>nd</sup> Wednesday of every month 12:00-1:00

Where: Center for Prostate Disease Research  
Ward 56, 5<sup>th</sup> Floor (Northwest Quadrant)  
Walter Reed Army Medical Center

### **2009 Schedule of Meetings and Programs**

Month	Date	Time	Event
<b>JANUARY</b>	14 Jan Wed	12:00-1:00	Women's Group Meeting
		1:30-3:00	Daytime Group Meeting
		6:30-8:00	Evening Group Meeting
<b>FEBRUARY</b>	4 Feb Wed	7:00-8:30	Guest Speaker Program
	11 Feb Wed	12:00-1:00	Women's Group Meeting
1:30-3:00		Daytime Group Meeting	
6:30-8:00		Evening Group Meeting	
<b>MARCH</b>	11 Mar Wed	12:00-1:00	Women's Group Meeting
		1:30-3:00	Daytime Group Meeting
		6:30-8:00	Evening Group Meeting
<b>APRIL</b>	8 Apr Wed	12:00-1:00	Women's Group Meeting
		1:30-3:00	Daytime Group Meeting
		6:30-8:00	Evening Group Meeting
<b>MAY</b>	6 May Wed	7:00-8:30	Guest Speaker Program
	13 May Wed	12:00-1:00	Women's Group Meeting
1:30-3:00		Daytime Group Meeting	
6:30-8:00		Evening Group Meeting	
<b>JUNE</b>	10 Jun Wed	12:00-1:00	Women's Group Meeting
		1:30-3:00	Daytime Group Meeting
		6:30-8:00	Evening Group Meeting

Month	Date	Time	Event
<b>JULY</b>	8 Jul Wed	12:00-1:00 1:30-3:00 6:30-8:00	Women's Group Meeting Daytime Group Meeting Evening Group Meeting
<b>AUGUST</b>	5 Aug Wed	7:00-8:30	Guest Speaker Program
	12 Aug Wed	12:00-1:00 1:30-3:00 6:30-8:00	Women's Group Meeting Daytime Group Meeting Evening Group Meeting
<b>SEPTEMBER</b>	9 Sep Wed	12:00-1:00 1:30-3:00 6:30-8:00	Women's Group Meeting Daytime Group Meeting Evening Group Meeting
<b>OCTOBER</b>	14 Oct Wed	12:00-1:00 1:30-3:00 6:30-8:00	Women's Group Meeting Daytime Group Meeting Evening Group Meeting
<b>NOVEMBER</b>	4 Nov Wed	7:00-8:30	Guest Speaker Program
	*11 Nov is Veterans Day. No meeting.		
	18 Nov Wed	12:00-1:00 1:30-3:00 6:30-8:00	Women's Group Meeting Daytime Group Meeting Evening Group Meeting
<b>DECEMBER</b>	9 Dec Wed	12:00-1:00 1:30-3:00 6:30-8:00	Women's Group Meeting Daytime Group Meeting Evening Group Meeting

Points of Contact:

Vin McDonald - 703-643-2658 ([vpmjam@aol.com](mailto:vpmjam@aol.com))

Ken Simmons - 703-823-9378 ([kensimmons02@comcast.net](mailto:kensimmons02@comcast.net))

Jane Hudak - 202-782-4199 ([jane.hudak@amedd.army.mil](mailto:jane.hudak@amedd.army.mil))